



Hillingdon Borough  
Email: WA-  
SchoolOfficersHillingdon@met.polic  
e.uk  
www.met.police.uk

19/03/2025

Dear Parent / Guardian,

**RE: Edible Drugs**

Hillingdon Police are aware of the concerns raised around Edible Drugs. We would like to take this opportunity to bring this to your attention, as you may be aware, cannabis can be mixed into cakes (hash brownies), tea, yoghurt or sweets (gummies/lollipops). The amount of cannabis in these products can vary greatly and sometimes other harmful drugs are added too.

The effects of consuming edibles are unpredictable and it can be very easy to accidentally take a larger dose. Edibles take between 1-3 hours to have an effect because food is absorbed into the bloodstream through the liver. Because it takes longer, the user may end up consuming larger amounts of the drug while thinking the drug isn't working. Overdosing with Edibles can be a greater risk because of this!

We ask that you please have conversations with young people about edibles and the risks involved, who they can talk with if they have any concerns, such as family, teachers police or they can report anonymously on [www.fearless.org](http://www.fearless.org)

Please monitor food packaging/ wrappers at home that your young people may have. Often Edibles packaging looks like sweet wrappers, but you will find wording such as CBD or THC suggesting the items are cannabis oil infused.

Please be mindful of the medical needs should your child present with such symptoms, or if it becomes apparent they have consumed a drug laced substance.

If you are made aware of any social media accounts advertising these items, we ask you report this information to the police, school or Crime Stoppers so work can be done around these accounts due to the dangers Edibles present.

We have attached links to Frank which gives more information and laws surrounding Edibles:  
[www.talktofrank.com/drug/cannabis](http://www.talktofrank.com/drug/cannabis)  
[www.talktofrank.com/news/dodgycannabisedibles](http://www.talktofrank.com/news/dodgycannabisedibles)

Kind regards,

Hillingdon Police.