

RSE Curriculum overview

Year 3	Year 4	Year 5	Year 6
<p><i>I understand that in animals and humans lots of changes happen between birth and growing up, and that usually it is the female who has the baby</i></p>	<p><i>I understand that some of my personal characteristics have come from my birth parents.</i></p>	<p><i>I am aware of my own self-image and how my body image fits into that</i></p>	<p><i>I am aware of my own self-image and how my body image fits into that</i></p>
<p><i>I understand how babies grow and develop in the mother's uterus</i></p> <p><i>I understand what a baby needs to live and grow</i></p>	<p><i>I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby.</i></p>	<p><i>I understand how a girl's body changes during puberty, including menstruation, and understand the importance of looking after yourself physically and emotionally.</i></p>	<p><i>I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally</i></p>
<p><i>I understand that different parts of my body do different jobs. I understand that male and female bodies are different and can name the different body parts including reproductive organs. I know that some parts of my body are private.</i></p>	<p><i>I understand that our bodies change as we go through puberty.</i></p>	<p><i>I can describe how boys' and girls' bodies change during puberty and explain ways to look after myself physically and emotionally.</i></p>	<p><i>I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born</i></p>

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<p><i>I understand that I will change as I become an adult, get taller, take on more responsibility. I can think about how my life may change in the future - eg walking to school.</i></p>	<p><i>I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this</i></p>	<p><i>I understand that families all look different and that a baby is a big responsibility that adults take on.</i></p> <p><i>Look at pictures of different families. What is the same about them? What do they all do to help their children?</i></p>	<p><i>I understand that sexual intercourse can lead to conception and that is how babies are usually made</i></p> <p><i>I also understand that sometimes people need IVF or medical intervention to help them have a baby or eggs/sperm donated.</i></p>
<p><i>I can start to recognise stereotypical ideas I might have about parenting and family roles</i></p>	<p><i>I know how the circle of change works and can apply it to changes I want to make in my life</i></p>	<p><i>I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities.</i></p>	<p><i>I am aware of the importance of a positive self-esteem and what I can do to develop it</i></p> <p><i>I understand that we can have different relationships when we grow up and can discuss relationships such as girlfriend/boyfriend..</i></p>
<p><i>I can identify what I am looking forward to when I move to my next class.</i></p>	<p><i>I can identify changes that have been and may continue to be outside of my control that I learnt to accept</i></p> <p><i>I can identify what I am looking forward to when I move to a new class</i></p>	<p><i>I can identify what I am looking forward to when I move to my next class.</i></p>	<p><i>I can identify what I am looking forward to and what worries me about the transition to secondary school.</i></p>